

Government Cost of Living Support

The government is paying people on means tested benefits £900 in 2023 and 2024 to help with the rise in the cost of living. Means tested benefits include Universal Credit and Pension Credit.

The payment will be made automatically in 3 stages. The first £300 will be paid in April/May 2023. The second payment will be made in November 2023. The third payment will be made in spring 2024. Check if you are eligible for this payment on [gov.uk](https://www.gov.uk).

If you are eligible you do not need to apply. You'll be paid automatically, the same way you usually get your benefit or tax credits.

Read more information about Help for Households on their website.

The Cost of Living payments for 2023 to 2024 have ended

Last updated: July 14, 2024

Website: <https://www.gov.uk/guidance/cost-of-living-payment>

Website 2: <https://helpforhouseholds.campaign.gov.uk/>

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