

Peace of Mind CIO

Peace of Mind CIO run projects to help refugees and asylum seekers in the North East of England. Their projects include:

- **weekly support drop in session Wednesdays 12pm to 2pm** for practical and emotional support. They help with: translation, registering with a doctor, finding a solicitor, healthy living, food parcels, clothing, baby equipment, to settle in to the community and with destitution issues.
- parenting in the UK workshop
- community safety sessions
- Bensham Community Food Co-op
- a small dedicated fund to help destitute refugees and asylum seekers in emergencies
- help to fill the holiday gap with activities and refreshments for children and carers during the holidays
- arts and crafts activities for children

Last updated: May 8, 2024

Telephone: 07595 300326

Website: <https://peaceofmindnortheast.wordpress.com/>

Mobile: 07595300326

Email: peaceofmind455@gmail.com

Twitter: <https://twitter.com/peaceofmind455>

Facebook: <https://m.facebook.com/Peaceofmind-Communities-1652578041691574/>

Opening Hours: Support drop in 12.30pm to 2pm Wednesdays

Cost: Free

Address:

Whitehall Road Methodist Church
Whitehall Road
Gateshead
NE8 4LH

Related Articles

[Immigration and Asylum](#)

[Support for Asylum Seekers and Refugees](#)

[How you can help refugees and asylum seekers](#)